

[REDACTED]

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**From:** Moira Deeming  
**Sent:** Wednesday, 22 December 2021 6:51 AM  
**To:** [REDACTED]  
**Subject:** RE: Mental health: Diggers Rest

Hi [REDACTED] Oops, I've read the emails out of order! I'm glad you've let the police know- I agree, this is incredibly serious.

**Cr Moira Deeming**

Watts Ward Councillor | **Melton City Council**

**M:** 0499 801 198

**E:** [moira.deeming@melton.vic.gov.au](mailto:moira.deeming@melton.vic.gov.au) | **W:** melton.vic.gov.au

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**From:** [REDACTED]  
**Sent:** Tuesday, 21 December 2021 3:17 PM  
**To:** [REDACTED]  
**Cc:** [REDACTED]  
**Subject:** RE: Mental health: Diggers Rest

Hello [REDACTED]

Thanks for your comprehensive response to my email of December 14, 2021.

Whilst I sincerely appreciate your efforts and the information contained, your reply falls short of the issue at hand. It's clear that council are side-stepping the community welfare and the safety of its councillors and its employees. I make this plea in the interest of everyone concerned and put council on notice that I've made every attempt to help instigate resolve which has involved making the issue known to Victoria Police.

Again, I remain perplexed that this person is allowed to maintain his relentless assault without any form of redress or concern for his wellbeing and the welfare of those he targets.

I'm hoping that council, as a responsible authority, will heed the warnings and take some action before someone gets hurt.

Yours faithfully,

[REDACTED]  
Diggers Rest

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**From:** [REDACTED]  
**Sent:** Tuesday, 21 December 2021 12:28 PM  
**To:** [REDACTED]  
**Cc:** [REDACTED]  
**Subject:** Mental health: Diggers Rest

Hi [REDACTED]

Thank you for your recent correspondence regarding the mental health and well-being of residents in the City of Melton.

Council regards the mental health and wellbeing of our residents a high priority as demonstrated in our recently adopted [Council and Wellbeing Plan](#). The integration of wellbeing into the Council plan ensures that it is core business of council to protect and promote the wellbeing of the community.

Council is not funded to directly deliver acute mental health services for our community, these services are delivered and funded by the state government. However Council are proactively advocating to the state government for the delivery of these integral services within the City of Melton. This includes advocacy for the recently announced mental health hubs and other related service reforms. Further to this Council also accommodates community organisations in Council sites to encourage services to provide outreach in the local area.

**If yourself or anyone you know needs support, you can contact the following services:**

**Ring 000:** Remember that if you or the individual is in immediate danger (including from themselves) you should call 000 immediately. Police can also do 'welfare checks' if you are aware of the community members home address and are still concerned following talking with them you can call local police and they will check in on the individual.

**Contact your General Practitioner (GP):** If you or the individual has a trusted GP, you can reach out directly to that GP, as they are able to refer to services and also develop a mental health plans. Djerriwarrh Health Service is an additional service that offers counselling for a variety of reasons, however they are currently experiencing some wait lists, but consider a non-urgent referral to Djerriwarrh Health Service [9747 7609](tel:97477609).

You or the individual can also readily connect with these organisations offering acute mental health support:

<b>Mental Health Services</b>		
<b>Lifeline (Crisis Support)</b>	<b>24 hour phone support</b> Phone: 13 11 14 Website: <a href="http://www.lifeline.org.au">www.lifeline.org.au</a>	National charity providing all Australians experiencing emotional distress with access to 24 hour crisis support and suicide prevention services via phone
<b><u>Beyond Blue</u></b>	<b>General service - 24 hour online/phone counselling</b> Phone: 1300 22 4636 <b>Coronavirus Mental Wellbeing Support Service</b> Phone: 1800 512 348 Website: <a href="http://www.beyondblue.org.au/get-support/get-immediate-support">www.beyondblue.org.au/get-support/get-immediate-support</a>	Information and support to help everyone in Australia achieve their best possible mental health, whatever their age and wherever they live. Can be used by the individual or a family member or friend
<b>Care in Mind</b>	<b>24 hour online/phone counselling</b> Phone: <a href="tel:1300096269">1300 096 269</a> Website: <a href="https://careinmind.com.au/">https://careinmind.com.au/</a> *They also have an online chat and do online video sessions.	Free 24/7 online and phone counselling for people living, working or studying in Melbourne's

		northern, central and western suburbs
<b>Head To Help</b>	<b>Phone service</b> Monday to Friday 8.30-5 Phone: 1800 595 212	Mental health service initiative by Australian government, hosted by IPC Health in the western region. Anyone can get in touch.
<b>Headspace</b>	<b>Online/phone services</b> Phone: 8065 5600 (Mon-Fri 9am-5pm) Email: <a href="mailto:info-headspaceMelton@orygen.org.au">info-headspaceMelton@orygen.org.au</a> ehedspace: 1-on-1 support 9am-1am (7 days) or Group Chat <a href="https://headspace.org.au/ehedspace/">https://headspace.org.au/ehedspace/</a>	Support for young people 12-25 years and their families. This is not a crisis service. Areas of support: mental health and wellbeing, physical and sexual health, work and study support, alcohol and other drugs. COVID specific information/resources available
<b>Griefline</b>	<b>7 days – 6am to 2am counselling service (from late September the service will be 24/7)</b> Phone: 03 9935 7400 Website: <a href="https://griefline.org.au/">https://griefline.org.au/</a>	Griefline provides free counselling services and support to anyone experiencing grief loss and or trauma Australia wide. GriefLine is a free national counselling and support telephone, SMS and video service
<b>MensLine</b>	<b>24 hour counselling service</b> Phone: 1300 78 99 78 Website: <a href="https://mensline.org.au/">https://mensline.org.au/</a>	MensLine Australia is a telephone and online counselling service for men with emotional health and relationship concerns. Offered via phone, online chat, or video chat.

Council delivers a number of programs which aim to prevent poor mental health, we deliver these in sporting clubs, schools, and to the broader community. An incredibly important preventative measure for mental wellbeing is social connection. Council offers a range of programs that offer affordable and fun ways to connect with other residents. I would encourage yourself or anyone you know to take a look at what Council has on offer.

You can find these programs at Melton Learning: <https://meltonlearning.com.au/> and also those delivered by the Cities Libraries on : <https://libraryevents.melton.vic.gov.au/>.

If you have any further questions please let me know.

I wish you and your loved ones a happy and safe festive season and New Year.

Thanks [REDACTED]

[REDACTED] | Melton City Council

[REDACTED] | W: melton.vic.gov.au

PO Box 21, Melton VIC 3337



Melton City Council acknowledges the Traditional Owners of this land, the people of the Kulin Nations, and pays respect to their Elders, past, present and emerging.



On 14 Dec 2021, at 10:19 am, [REDACTED] wrote:

Dear [REDACTED]

Mental Health and the well-being of residents within our growing municipality should be regarded as an urgent priority.

I've made three (3) genuine attempts seeking the help of my elected representatives with respect to a fellow Diggers Rest resident and the subsequent impacts on the wider community.

This person is well known by those he targets, including Melton City Councillors and Council Staff.

Each time, my calls for help, in an official capacity have been disregarded.

It's extremely disappointing to discover that "Mental Health" initiatives are a priority around election time, but when confronted by the very prospect, it seems to be all too difficult.

I wish you all the very best for Christmas and the New Year.

Yours faithfully,

[REDACTED]  
Diggers Rest

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